



SUSPECTED HYPERTROPHIC PYLORIC STENOSIS

- Is a condition that involves hypertrophy and elongation of the pylorus with eventual progression to gastric outlet obstruction.
- Onset is typically sudden in previously thriving infants between 2 to 6 weeks of age.
- The incidence is higher in males and in firstborn children. [1](#)

- Vomiting is usually immediately postprandial and is typically projectile and non bilious. [2](#)
- The main differential diagnoses include gastro-oesophageal reflux, pylorospasm and gastroenteritis and these may be difficult to distinguish on history alone.
- Palpation of an 'olive' type mass in the right upper quadrant is highly suggestive of HPS. [3](#)

PLAIN RADIOGRAPHY

- Plain films are appropriate in neonates or infants who present with bilious vomiting as it can help to differentiate proximal from distal bowel obstruction. It may also suggest specific diagnoses such as volvulus or duodenal atresia. [4](#)
- Separation of adjacent bowel loops; bowel-wall thickening; and intramural gas may be present owing to volvulus-induced ischaemia. [4,5](#)

ULTRASOUND

- Patients with non-bilious vomiting should have ultrasonography as the initial radiological investigation. [6](#)
- Generally considered the initial investigation of choice for the investigation of hypertrophic pyloric stenosis (HPS).
 - Measurements of the pyloric muscle thickness and the length of the pyloric canal are used to make the diagnosis of HPS, but must be considered in the context of other sonographic information including lack of opening of pyloric channel and exaggerated antral peristalsis. [7-11](#)
 - Although there have been a lack of studies directly comparing ultrasound to an upper gastrointestinal series, the former is generally preferred as the first line investigation for HPS because it is highly sensitive and specific, involves no ionising radiation, and is widely available.
 - As pyloric stenosis is a progressive condition, a repeat ultrasound may be helpful in equivocal cases.
- There are features on ultrasound that may suggest a diagnosis of malrotation/volvulus including inversion of the normal relationship between the superior mesenteric artery and vein; or the 'whirlpool' sign of a side-by-side arrangement of superior mesenteric vessels with opposite flow directions. However, these signs are neither sensitive nor specific and if there is clinical suspicion of malrotation/volvulus, an upper GI contrast study is indicated. [6,12-16](#)

CONTRAST UPPER GASTROINTESTINAL SERIES

- The imaging study of choice to evaluate bilious vomiting in neonates and infants. Exceptions

include critically ill patients who require urgent surgical intervention and suspected complete duodenal obstruction. [4,17](#)

- Involves the use of a contrast agent, usually barium to evaluate the stomach, duodenum and position of the duodeno-jejunal junction. Contrast can be administered orally or via a nasojejunal tube.
- Upper GI contrast studies are primarily used to diagnose malrotation/volvulus and detect other obstructive lesions of the upper GI tract. [18](#)
 - With malrotation/volvulus the ligament of Treitz (duodenojejunal junction) is typically located inferiorly and to the right of normal. [5,17,19,20](#)
 - A spiral or corkscrew appearance of the duodenum with early filling of the small intestine, or a tapered, 'beaked' appearance of the bowel at the point of obstruction is suggestive of midgut volvulus. With complete obstruction, contrast may not enter into the involved bowel loops. [4,19,20](#)
- Compared to dual probe 24-hour oesophageal pH monitoring, upper GI contrast studies are not as sensitive (42%-86%) or specific (21%-57%) for diagnosing gastroesophageal reflux primarily due to their short duration of observation [21,22](#)
- Ultrasound rather than upper GI contrast studies is the preferred means for diagnosis of pyloric stenosis if appropriately skilled operators are available.

CONTRAST ENEMA

- Its primary use is for evaluation of distal obstruction (eg. atresia, meconium ileus). The location of the caecum and proximal colon can suggest malrotation but it is neither sensitive nor specific in this regard. [20](#)

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