



ANKLE INJURY

This brochure tells you about Ankle Injury, including what Imaging tests you may need to have.

What is an Ankle Injury?

Ankle injuries are usually caused by twisting or rolling your ankle and often happen on uneven ground. The most common type of ankle injury is a sprained joint. This is where the ligaments, muscles, tendons, have been torn or stretched. Sometimes an ankle injury can also include a broken bone in the ankle.

Diagnosis

Your doctor will discuss the signs and symptoms of your ankle injury. Your doctor will request an x-ray if:

- he/she thinks a fracture may be causing your ankle pain
- your pain does not get better with simple treatment measures

Depending on your x-ray, your doctor may request a CT scan, ultrasound, or MRI to help decide what type of treatment you need.

Results:

A radiology doctor will look at your scans and write a report for your doctor.

Further Information

For more detailed information, please see [Inside Radiology](#), a resource produced especially for consumers by the [Royal Australian and New Zealand College of Radiologists](#).

If you would like to look at other relevant brochures, please see

- [Plain x-ray](#)
- [CT Scan](#)
- [Ultrasound](#)
- [MRI Scan](#)

Or log into the Diagnostic Imaging Pathways website - www.imagingpathways.health.wa.gov.au/includes/consumer.html

Or if you have questions or require any other information please contact your Doctor.

Consumer Participation

This information has been reviewed by representatives from the following groups:

- Aboriginal people
- People with disabilities
- Seniors
- CALD (Culturally and Linguistically Diverse)
- The Health Consumers' Council.

Feedback

The Division of Imaging Services, Royal Perth Hospital is committed to providing a friendly and professional service. If you would like to provide feedback on this information sheet, please send to:

Quality Coordinator
Imaging Services
Royal Perth Hospital
GPO Box X2213
Perth WA 6000

Website

For more information go to www.imagingpathways.health.wa.gov.au

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